

Library News for May-June, 2018

“Spring is the time of plans and projects.” Leo Tolstoy

To help you with your plans and projects, the Library has a bounty of programs and activities. Learn how to improve your health and wellness on May 9. Get inspired to clean out and organize your home on May 22. Learn about the birds in our salt marsh on June 12. Visit a new museum. Learn to cook healthier meals. Read some books outside your usual comfort zone. Help the Friends raise money by eating pizza! We hope to see you!

Programs:

While preventive health and wellness are priorities for everyone, staying informed about the latest practices is often difficult. On **Wednesday, May 9 from 5:30 to 7:30 p.m.**, the Hampton Falls Free Library will host a **Wellness Fair**. The fair will be an opportunity for the entire community to learn about both traditional and alternative health practices in order to keep the mind and body healthy. Twenty practitioners will be on hand to provide information and answer questions. There will be demonstrations of yoga, karate, and dance. Several local businesses including Hampton Health Food Store, Flote, and Laney & Lu have donated raffle prizes to the event.

It is spring and it is time to clean out those attics, basements, garages, barns, sheds, offices, and kids' rooms! To help with these projects, the Library has scheduled a program on **Organizing and Downsizing** with Certified Professional Organizer Helene Parenteau on **Tuesday, May 22 at 6:30 p.m.** Ms. Parenteau has organized homes, offices and retirement estates up and down the East Coast. Her presentation will take the anxiety out of decluttering, downsizing, or relocating.

Hampton Falls resident Steve Carlson will present his photos in **Birds of the Salt Marsh** on **Tuesday, June 12 at 6:30 p.m.** Come learn about our local feathered friends.

On **Saturday, June 16 at 12 Noon**, the **Cookbook Club** will be meeting to share prepared dishes with recipes from Mark Bittman's [How to Cook Everything Vegetarian](#). Copies of the cookbook will be available in the Library starting in mid-May. New members are always welcome.

Museum Passes:

The Library offers passes for free or discounted admission to a number of area museums: Strawberry Banke in Portsmouth, The American Independence Museum in Exeter, The Currier Museum in Manchester, the Museum of Fine Arts in Boston, and the Peabody-Essex Museum in Salem, MA. The Friends of the Library have generously sponsored a new pass to the **Wright Museum of World War II** in Wolfeboro. The Wright Museum pass offers free admission for two adults and four children under the age of 18 during the museum's season from May 1 through October 31. Call or visit the Library to sign out a museum pass.

Book Group for Grownups:

On **Tuesday, May 29**, the adult book group will be discussing William Kamkwamba's autobiography The Boy Who Harnessed the Wind. This heart-warming book is the inspiring story of a young man in Malawi who used the only resources available to him to build a windmill and elevate the lives of those in his community by providing electricity and running water.

The group will embark on a literary road trip choice on **June 26** with Roland Merullo's Breakfast with Buddha. Otto Ringling will be driving from New York to his childhood home in North Dakota to settle his late parent's estate. His sister persuades him to take her guru Rinpoche along for the trip. On the way, Ringling shows America to Rinpoche and Rinpoche shows enlightenment to Ringling.

The group meets on the last Tuesday of the month at 7:00 p.m. Copies of the books are available at the Library and new members are always welcome.

Fabulous Friends:

The Friends of the Hampton Falls Free Library are feeding foodies with a **Community Oven Fundraiser** on **Monday, June 11 from 5 p.m. until 9 p.m.** at Community Oven Restaurant on Lafayette Rd in Hampton. Dine in or take out, a good meal will be had by those who come out and support the Friends.

Holiday Closing:

The Library will be closed from **Saturday, May 26 through Monday, May 28** to observe the Memorial Day weekend. We will re-open on Tuesday, May 29 at 10 a.m. Please remember that we will be open shorter Saturday hours starting June 2. During the summer months, we will be open from 10-1 on Saturdays.

Summer Reading for Adults:

We are finalizing plans for the program, but we will begin the same day as the Youth Summer Reading Program and kick off the season on **Tuesday, June 19**. The adult program will once again feature a chance to win prizes donated by local merchants and the Friends of the Library. Last year, a record-setting 102 adults read 521 books. Can we exceed that number this summer?

In Closing:

Best wishes from your local Library! You are always welcome to check out the new books and movies, attend a program, try a new craft, do a puzzle, use the computers, borrow a museum pass, join a book discussion, or have a cup of coffee and visit with your neighbors. In fact, come on a Friday afternoon and we will set out cookies and board games!

Barbara Tosiano
Library Director

LIBRARY YOUTH SERVICES CHECK IT OUT!

Story Times:

Baby-Toddler Story Times held on Tuesdays at 10:30 AM will run through May 22nd. We will take a short break and start again on June 19th.

The current Tuesday 1st – 4th Grade After-School Story Time, the Wednesday (1:30 and Kindergarten Club) and Thursday Story Time (10:30 AM) Sessions will end on **May 22nd, 23rd and 24th** respectively. There is still space in the Wednesday, 1:30 PM and Thursday 10:30 AM Story Time. Please call to sign up.

The Novel ideas 5th – 8th Grade Book Discussion Group will meet Wednesday, May 16th from 6:30 – 7:15 PM and Wednesday, June 13th (one week earlier than usual). New members are always welcome. Books are available at the Library.

Special Programs!

Lego Club! Thursday, May 24th from 4 – 4:45 PM for children in Kindergarten through 4th grade The June date is TBA. The Legos will be provided (but stay in the Library so we'll have them for the next program!). Come ready to use your imagination! Please sign up as space is limited. **Please note, this is not a program that children should take the bus to the Library.**

Yoga! The schedule is as follows: **5th – 8th Grade:** Wednesdays, May 2nd and June 6th from 6:30 -7:30 PM. **K – 4th Grade:** Thursdays, May 3rd and June 7th from 4 – 4:45 PM **Ages 2 – 5 with a parent or caregiver:** Fridays, May 4th, May 18th, June 8th and June 22nd from 10:30 – 11 AM. Please sign up for each class individually in advance as space is limited. Each class will have its own sign up.

Summer Reading!

Planning has already begun for the Summer Reading Program, “Libraries Rock!” **Mark your calendar for Tuesday, June 19th from 5:30 – 7 PM for the Summer Reading Kick-off Party!** Some of the events already scheduled include Magic by George (sponsored by the Pimentel family), the SPCA, the Boston Museum of Science “Super-Cold Science”, Trashcan Lid Productions “Junk 2 Funk”, Hampstead Stage Company, the Annual Talent Show, drop-in craft programs, Wildlife Encounters (sponsored in part by the Hampton Falls Boy Scouts), Project Nature’s “Wild About Turtles” and Explore the Ocean World.. There is more to come! A full schedule will be available in early June.

Like to help sponsor a summer reading program? Please see Carol if you are interested in fully or partially sponsoring a Summer Reading Program. Everything helps!

Wish List! I am getting the “Treasure Chest” ready for the summer reading program. Donations of new items such as left-over party prizes, crafts, small toys, etc. are welcome! Feel free to give me a call if you have any questions. Thank you in advance!

Looking forward to seeing you at the Library!

Carol Sanborn
Head of Youth Services